



**Stratos S&P 500
Market Analysis**

**Primary Target:
7348**

**Intermediate Target:
7056**

**Today's S&P Level:
6699**

**Initial Support:
6701**

**Intermediate
Support:
6421**

**Primary Support:
6142**

**Base Camp:
5892**

**Line in the Sand:
5671**

March 16th, 2026

WEEKEND AT BERNARD'S

Will a New War Lift U.S. Stocks to New Highs?

The S&P 500 (6699) has performed well given the uncertainty created recently by the U.S. attacking Iran and starting a new war. A 5% pull back with such an event is quite normal, so recent weakness seems to be already under control. American investors appear to embrace wars because typically U.S. stocks rally on a war after the initial negative response, so I expect the momentum of our markets to continue higher into the summer. If the war becomes unmanageable, because Iran is fighting for their survival and we're not, I expect that the U.S. will pull out of this confrontation and claim victory and our markets will continue on its merry way. The 2nd choice is to stop tariffs altogether, but I don't think this is an option.

From my statistical research, I expect Stratos Intermediate Target of 7056 to be tested on the S&P 500 before the summer, I'm not as confident that the market has enough momentum to test my Primary Target of 7348. My Intermediate Support (6421) could be tested anytime if the Strait of Hormuz were to be blocked for an indefinite amount of time, or if/when China starts a confrontation with Taiwan, which would further the correction sooner than I anticipated. The fact that oil prices have gone up significantly and U.S. stocks have gone down so little does indicate the underlying strength of the S&P 500.

One of my major concerns is that the Chinese military is likely to attack Taiwan and some media outlets describe reporting as "large-scale military movements" in this area. With the U.S. tied up with other wars, this uncertainty makes it more likely, than not, that the Chinese see an opportunity which would further create chaos that could affect current market momentum.

Investors need to be prepared for the likelihood of sustained, higher energy prices and material costs. I continue to overweigh the energy, material, and industrial sectors because they may benefit from higher commodity prices as well as offer high dividends. During this period, technology stocks will most likely underperform because interest rates will go higher, increasing the risk of investing in this sector. Inflation is currently being dismissed, just like oil prices were going to stay down. I now see inflation as something that needs to be addressed

I expect gold (\$5,013) prices to retest their highs of \$5,500 area and advance to our Primary Target of \$5,992. I believe silver (\$81) is undervalued at this time and could outperform gold and make new highs of around \$124. I use a 50-to-1 ratio to help determine what I believe the value of silver should be to current gold prices. I made this similar prediction last year in June and silver outperformed. In my opinion, oil prices are still undervalued because of the potential risk of a prolonged war that will affect a large portion of oil supplies. The fact that oil prices have been so undervalued for so long does open up the probability that oil will exceed the 147 dollar area that it traded in 2008. My current target is \$164, but it could go much higher.

The risk that I see is not having enough exposure to commodities and alternative investment strategies. My alternative strategies are designed to protect your portfolio from the negative events of war, such as inflation and higher interest rates. Lack of exposure to alternative investments may increase your risk by making it more difficult to preserve your wealth.

Intermediate Target

Mar 14, 2025 - 2026, Daily

Initial Support

Today's S&P Level

Intermediate Support

Primary Support

Base Camp

Line in the Sand

7056
6701
6699
6421
6142
5892
5671

Disclosure: Investors cannot invest directly in an index. Past performance is not a guarantee of future returns.

FACTSET

© 2026 Factset Research Systems Inc.

As of March 16, 2026 in USD 2:55:53 PM

Good Trading for the Long Term



210 N Stanton St Suite
3 El Paso, TX 79901



(915)-312-6117



weekendatbernards.com



I anticipate the U.S. economy has slowed down and may enter into a recession. The unemployment numbers are decimal and do not add up to a healthy economy. The consumer confidence is at very low levels and global confidence in the reliability of the U.S. government is eroding daily with lies that seem to be a part of their strategy. This type of market manipulation could eventually have a very negative result. There seems to be a disconnect at this time.

I recognize these risks, but I also understand that the opportunity is still pointing up in U.S. stocks. Because the stock market has shown such resilience, I expect higher highs in the next few months from the sugar high that we will get from the recent law "Big Beautiful Bill", which may sugar coat the underlying economic problems that possibly come out later this year. I continue to take a short-term optimistic outlook for U.S. equities, and have not changed my opinion, even in the face of a new war.

Stratos Investments is a DBA of OneSeven, an investment adviser in Ohio. OneSeven is registered with the Securities and Exchange Commission ("SEC"). Registration of an investment adviser does not imply any specific level of skill or training and does not constitute an endorsement of the firm by the Commission. OneSeven only transacts business in states in which it is properly registered or is excluded or exempted from registration. A copy of OneSeven's current written disclosure brochure filed with the SEC, which discusses OneSeven's business practices, services, and fees, is available through the SEC's website at: www.adviserinfo.sec.gov.

Please note, the information provided in this presentation is for informational purposes only and investors should determine for themselves whether a particular service or product is suitable for their investment needs. Please refer to the disclosure and offering documents for further information concerning specific products or services. Investments in securities entail risk and are not suitable for all investors. This is not a recommendation nor an offer to sell (or solicitation of an offer to buy) securities in the United States or in any other jurisdiction.